



DEPARTMENT OF ATHLETICS
HOLYOKE HIGH SCHOOL – DEAN TECHNICAL HIGH SCHOOL
500 BEECH STREET HOLYOKE, MA 01040
PHONE: (413)-493-1683 – FAX: (413)-534-2098
AARON PATTERSON – DIRECTOR OF ATHLETICS
www.hps.holyoke.ma.us/athletics.htm



HOLYOKE H.S.

WHAT YOU MUST KNOW TO PARTICIPATE IN A FALL SPORT

- 1. You must complete the following paperwork prior to the first day of tryouts:**
 - **Physical exam** must be dated 7/26/09 or after. You fill out front page-history, the doctor fills out the back page when you have your physical exam.
 - **No physicals will be offered this year in the High Schools.** *You must get a physical from your primary care physician or walk-in clinic.*
 - **Emergency card (yellow)**...fill out completely both front and back sides - must be signed by a parent or guardian and by the athlete.
 - **Hazing form (pink)**...read and must be signed by student/athlete.
 - **Sportsmanship form (blue)**...read and must be signed by parent/guardian and student/athlete.
 - **Team rules**...must be signed by parent/guardian and student/athlete. To be given out at the pre-season meeting on June 10th at 6:30 at the Holyoke High School Auditorium.
- 2. It is recommended that you attend a pre-season informational meeting on Thursday, June 10th at 6:30 P.M in the Holyoke High School Auditorium.**
- 3. You must attend the first day of practice/tryouts. Check the list for date, time, & site.**
- 4. The coaches will cover the proper equipment and clothing you will need to participate at the pre-season meeting on June 10th at 6:30 pm at the Holyoke High School Auditorium**

You can **drop off or mail** your finished paperwork to us at:

**Holyoke High School
Athletic Department
500 Beech Street
Holyoke, MA 01040**

*All forms can be downloaded on the Holyoke Public School website... www.hps.holyoke.ma.us/athletics.htm

**For up to date schedules log onto www.highschoolsports.net

ANY QUESTIONS, PLEASE CALL THE ATHLETIC DEPARTMENT AT 413-493-1683 or 413-478-7295

FALL SPORTS ORIENTATION

WHO SHOULD ATTEND: All athletes interested in participating in a Fall Sport at Holyoke H.S.

DATE: Thursday June 10th

TIME: 6:30 pm

PLACE: Holyoke High School Auditorium