

Revised 7.14.2010

Breakfast Menu August 2010

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cinnamon Toaster Cereal Banana Low Fat Milk	3 Banana Muffin Diced Peaches Low Fat Milk	4 Cornflakes 100% fruit Juice Low Fat Milk	5 Mini Apple Loaf Apple Sauce Low Fat Milk	6 Raisin Bran Fresh Orange Low Fat Milk
9 Corn Muffin Diced Peaches Low Fat Milk	10 Honey Graham Cereal Fruit Cocktail Low Fat Milk	11 Apple Cinnamon Muffin 100% fruit Juice Low Fat Milk	12 Crispy Rice Cereal Fresh Apple Low Fat Milk	13 Blueberry Muffin 100% fruit Juice Low Fat Milk
16 Raisin Bran Fresh Orange Low Fat Milk	17 Mini Apple Loaf Apple Sauce Low Fat Milk	18 Cinnamon Toaster Cereal Banana Low Fat Milk	19 Banana Muffin Diced Peaches Low Fat Milk	20 Cinnamon Toaster Cereal Apple Low Fat Milk
23 Corn Muffin Diced Peaches Low Fat Milk	24 Crispy Rice Cereal Fresh Apple Low Fat Milk	25 Blueberry Muffin 100% fruit Juice Low Fat Milk	26 Honey Graham Cereal Fruit Cocktail Low Fat Milk	27 Corn Muffin Diced Peaches Low Fat Milk
30 Cinnamon Toaster Cereal Orange Low Fat Milk	31 Banana Muffin 100 % Fruit Juice Low Fat Milk			



Revised on 7.16.2010


Snack Menu August 2010

Monday	Tuesday	Wednesday	Thursday	Friday
2 Graham crackers 100% Juice Apple (6oz)	3 <i>String cheese stick</i> 100% Juice OJ (6oz)	4 <i>Wheat Thin Crackers</i> 100% Juice Grape (6oz)	5 Scooby Doo Graham 100% juice Fruit Punch (6oz)	6 Apple muffin 100% juice Grape (6oz)
9 Teddy Grahams 100% Juice Apple (6oz)	10 Goldfish Crackers 100% Juice orange (6oz)	11 Yogurt cup 100% Juice Grape (6oz)	12 <i>Animal crackers</i> 100% juice Fruit Punch (6oz)	13 Banana muffin 100% juice Orange (6oz)
16 Graham crackers 100% Juice Apple (6oz)	17 <i>String cheese stick</i> 100% Juice OJ (6oz)	18 <i>Wheat Thin Crackers</i> 100% Juice Grape (6oz)	19 Scooby Doo Graham 100% juice Fruit Punch (6oz)	20 Apple muffin 100% juice Grape (6oz)
23 Teddy Grahams 100% Juice Apple (6oz)	24 Goldfish Crackers 100% Juice orange (6oz)	25 Yogurt cup 100% Juice Grape (6oz)	26 <i>Animal crackers</i> 100% juice Fruit Punch (6oz)	27 Banana muffin 100% juice Orange (6oz)
30 Graham crackers 100% Juice Apple (6oz)	31 <i>String cheese stick</i> 100% Juice OJ (6oz)			

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Summer Menu August 2010

Monday	Tuesday	Wednesday	Thursday	Friday
Aug 2 Cheese Pizza with Side Salad Fresh Orange Milk	Aug 3 Cold Cut & Cheese Hoagie with Lettuce and tomato on side Baby carrots Milk	Aug 4 Grilled Cheese on wheat Bread Cucumber Slices with Ranch Dressing Fresh Apple Milk	Aug 5 Ham and Cheese Sandwich Side Salad with Honey Mustard Dressing 100% Fruit Juice Milk	Aug 6 Meatball Sub Seasoned Carrots Fresh peach Milk
Aug 9 Hotdog on a Bun Potato wedges Baby Carrots Milk	Aug 10 Chicken finger Wrap With Lettuce & Tomato Fresh Apple Milk	Aug 11 Italian Turkey Hoagie with Cheese Lettuce & Tomato 100% Fruit Juice Milk	Aug 12 Parisian Ham Wrap with Lettuce & Tomato Fresh Orange Milk	Aug 13 Grilled Chicken Sandwich Mashed Potatoes Side Salad Ranch dressing Milk
Aug 16 Grilled Cheese on wheat Bread Garden Salad 100% Juice Milk	Aug 17 Santa Fe Wrap Baby Carrots Saltines Diced Peaches Milk	Aug 18 BBQ Riblet sandwich Pasta Salad with Italian Dressing and Garden Veggies Fresh Orange Milk	Aug 19 Triple Decker Club With Lettuce & Tomato Trail Mix Fresh Banana Milk	Aug 20 Pizza Garden Salad Italian Dressing Trail Mix Fresh Apple Milk
Aug 23 Cheeseburger on a bun with Lettuce & Tomato Pasta salad with Vegetables Milk	Aug 24 Parisian Ham Wrap with Lettuce & Tomato Fresh Peach Milk	Aug 25 Meatball Sub Green beans Fresh Orange Milk	Aug 26 Ham and Cheese on Wheat Garden Salad Caesar Dressing 100% Fruit Juice Milk	Aug 27 Chicken Fajita Seasoned Carrots Diced Pears Milk
Aug 30 Grilled Cheese on wheat Bread Baby Carrots Fresh Orange Milk	Aug 31 Cold Cut Hoagie With Cheese Side Salad with Ranch Dressing Fresh Apple Milk			

 *This menu item is made with whole grain.

Daily Milk Choices Include: Skim White, Low Fat White and Low Fat Chocolate,

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