

**HOLOKE PUBLIC SCHOOLS
SECONDARY BIC
DECEMBER 2018**



Monday	Tuesday	Wednesday	Thursday	Friday
12/3	12/4	12/5	12/6	12/7
Bagel-fuls Or Assorted Cereal Whole Grain Cracker Raisins 100% Juice	Egg and Cheese English Muffin Or Assorted Cereal Whole Grain Cracker Fresh Fruit 100% Juice	88 Acres Bar Or Assorted Cereal String Cheese Fresh Fruit 100% Juice	Banana Pancake Or Assorted Cereal String Cheese Fresh Fruit 100% Juice	Strawberry Greek Yogurt Or Assorted Cereal Granola Fresh Fruit 100% Juice
12/10	12/11	12/12	12/13	12/14
Blueberry Muffin Or Assorted Cereal Whole Grain Cracker Craisins 100% Juice	Apple Strudel Or Assorted Cereal Whole Grain Cracker Fresh Fruit 100% Juice	Cinnabar Or Assorted Cereal String Cheese Fresh Fruit 100% Juice	Chocolate Chip French Toast Or Assorted Cereal String Cheese Fresh Fruit 100% Juice	Egg, Bacon and Cheese Flatbread Or Assorted Cereal Whole Grain Cracker Fresh Fruit 100% Juice
12/17	12/18	12/19	12/20	12/21
Chocolate Banana Breakfast Bar Or Assorted Breakfast Cereal Bar Whole Grain Cracker Raisins 100% Juice	Cinnamon Ultimate Breakfast Round Or Assorted Breakfast Cereal Bar String Cheese Fresh Fruit 100% Juice	Egg, Ham and Cheese Ciabatta Or Assorted Breakfast Cereal Bar Whole Grain Cracker Fresh Fruit 100% Juice	Chef's Choice Or Assorted Breakfast Cereal Bar Whole Grain Cracker Fresh Fruit 100% Juice	Chef's Choice Or Assorted Breakfast Cereal Bar String Cheese Fresh Fruit 100% Juice
1% AND FAT FREE FLAVORED MILK OFFERED DAILY				
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES			Menu items are subject to change	