

Holyoke High School
 Week of December 31 – January 4



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|-----------|--|--|---------------------------------------|
| | NO SCHOOL | NO SCHOOL | Cheesy Italian Dunkers with Marinara Sauce | Tomato Soup with Grilled Cheese Sandwich | Southwest Chicken Casserole |
| | <p><u>Daily Option:</u> Hamburger Breaded Chicken Grilled Chicken</p> <p><u>Served With Choice of:</u> Lettuce, Tomato, Pickles, Cheese</p> <p><u>Special:</u> Mini Corndogs</p> | | | | |
| | | | Hawaiian | Bacon Chicken | Vegetable Lovers |
| <u>Daily Options:</u> Cheese and Pepperoni Pizza | | | | | |
| | <p><u>NACHO BAR</u> Mexican Chicken or Vegetarian Griller Crumbles Spanish Rice and Beans Tortilla Chips Toppings: Cheese Sauce, Jalapenos, Salsa, Shredded Lettuce, Sour Cream</p> | | | | |
| *all salads come with Whole Wheat Roll | | | Garden Salad Buffalo Chicken Salad | Garden Salad Buffalo Chicken Salad | Garden Salad Buffalo Chicken Salad |
| A Variety of Fresh Sandwiches From Our Deli Bar | | | | | |
| | | | Potato Salad | Baby Carrots | |
| | | | Celery Sticks Oven Fries | Celery Sticks Steamed Carrots | Caesar Salad White Bean Salad |
| <u>Fruits and Vegetables Available Daily</u> Side Salad, Assorted Fresh and Chilled Fruit | | | | | |
| MILK | SERVING YOUR CHOICE OF: CHOCOLATE or 1% WHITE | | | | |
| PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES | | | | <i>Menu Items are Subject To Change</i> | |

Holyoke High School
Week of January 7-11



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|---|--|
| | Hot Dog with Potato Salad | Roast Pork and Gravy with Dinner Roll and Mashed Potatoes | Turkey Taco with Salsa and Shredded Lettuce | Broccoli Cheddar Soup in a Bread Bowl | Mexican Chicken Baked Potato <i>(chicken, cheese sauce, crumbled bacon, sour cream)</i> with Pasta Salad |
| | <p><u>Daily Option:</u> Hamburger Breaded Chicken Grilled Chicken</p> <p><u>Served With Choice of:</u> Lettuce, Tomato, Pickles, Cheese</p> <p><u>Special:</u> Dogs in a Blanket</p> | | | | |
| | Mushroom | Chicken Cordon Blue | Chicken Club | Sausage, Onion and Peppers | Pepperoni and Banana Peppers |
| <u>Daily Options:</u> Cheese and Pepperoni Pizza | | | | | |
| | <p><u>BURRITO BAR</u> Mexican Chicken or Vegetarian Griller Crumbles Cilantro Lime Rice 10" Tortilla or Salad Mix Pinto Beans, Peppers and Onions, Corn Salsa, Shredded Cheese, Sour Cream <i>*Optional: Rice or Salad Bowl</i></p> | | | | |
| <small>*all salads come with Whole Wheat Roll</small> | A Variety of Fresh Sandwiches From Our Deli Bar | | | | |
| | Potato Salad | | | | |
| | Garden Salad | Garden Salad | Garden Salad | Garden Salad | Garden Salad |
| Asian Grilled Chicken Salad | Asian Grilled Chicken Salad | Asian Grilled Chicken Salad | Asian Grilled Chicken Salad | Asian Grilled Chicken Salad | |
| | Spinach Salad with Honey Mustard | Spinach Salad with Honey Mustard | Black Bean Salad | Cucumber Coins | Cucumber Coins |
| | Steamed Corn | Grape Tomatoes | Cilantro Lime Cole Slaw | Grape Tomatoes | Grape Tomatoes |
| <u>Fruits and Vegetables Available Daily</u> Side Salad, Assorted Fresh and Chilled Fruit | | | | | |
| MILK | SERVING YOUR CHOICE OF: CHOCOLATE or 1% WHITE | | | | |
| PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES | | | | <i>Menu Items are Subject To Change</i> | |

Holyoke High School
Week of January 14-18



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--------------------------------------|------------------------------|----------------------------------|---|
| | Fish Sandwich | Macaroni and Cheese with Dinner Roll | Roasted Chicken and Biscuit | Beef Chili with Tortilla Chips | Chicken Fried Rice and Chicken Egg Roll |
| | <p><u>Daily Option:</u> Hamburger Breaded Chicken Grilled Chicken</p> <p><u>Served With Choice of:</u> Lettuce, Tomato, Pickles, Cheese</p> <p><u>Special:</u> Bacon Bruschetta Flatbread Burger</p> | | | | |
| | Supreme | Meatball | Steak and Cheese | Bacon Bruschetta | Asian Chicken |
| | <u>Daily Options:</u> Cheese and Pepperoni Pizza | | | | |
| | <p><u>ITALIAN PASTA BAR</u> Penne Pasta Grilled Chicken or Vegetarian Griller Crumbles Tomato Sauce or Alfredo Sauce Shredded Cheese, Sautéed Seasonal Vegetables, Garlic Roll</p> | | | | |
| *all salads come with Whole Wheat Roll | Garden Salad | Garden Salad | Garden Salad | Garden Salad | Garden Salad |
| | Grilled Chicken Caesar Salad | Grilled Chicken Caesar Salad | Grilled Chicken Caesar Salad | Grilled Chicken Caesar Salad | Grilled Chicken Caesar Salad |
| | A Variety of Fresh Sandwiches From Our Deli Bar | | | | |
| | Baby Carrots | Potato Salad | 3 Bean Salad | Baby Carrots | Zucchini Coins |
| | Sweet Potatoes Fries | Baby Carrots | Mashed Potatoes | Celery Sticks | Baked Beans |
| | Zucchini Coins | Mixed Vegetables | Baby Carrots | Steamed Carrots | Baby Carrots |
| | <p><u>Fruits and Vegetables Available Daily</u> Side Salad, Assorted Fresh and Chilled Fruit</p> | | | | |
| MILK | SERVING YOUR CHOICE OF: CHOCOLATE or 1% WHITE | | | | |
| PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES | | | | Menu Items are Subject To Change | |

Holyoke High School
Week of January 21-25



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|---|---|
| | NO SCHOOL | Penne Pasta and Sauce with Shredded Cheese with Garlic Roll | Chicken Taco, Salsa, Lettuce with Rice and Beans | Creamy Potato and Bacon Soup with Dinner Roll | Chicken Enchiladas |
| | <p><u>Daily Option:</u> Hamburger Breaded Chicken Grilled Chicken</p> <p><u>Served With Choice of:</u> Lettuce, Tomato, Pickles, Cheese</p> <p><u>Special:</u> Italian Sausage Sandwich on Torpedo</p> | | | | |
| | | BBQ Chicken | Hawaiian | Bacon Chicken | Vegetable Lovers |
| <u>Daily Options:</u> Cheese and Pepperoni Pizza | | | | | |
| | <p><u>NACHO BAR</u> Mexican Chicken or Vegetarian Griller Crumbles Spanish Rice and Beans Tortilla Chips Toppings: Cheese Sauce, Jalapenos, Salsa, Shredded Lettuce, Sour Cream</p> | | | | |
| *all salads come with Whole Wheat Roll | | Garden Salad Crispy Chicken Salad | Garden Salad Crispy Chicken Salad | Garden Salad Crispy Chicken Salad | Garden Salad Crispy Chicken Salad |
| A Variety of Fresh Sandwiches From Our Deli Bar | | | | | |
| | | Fresh Broccoli | | | Pepper Strips |
| | | Three Bean Mozz. Salad Steamed Broccoli | Pepper Strips Grape Tomatoes | Pepper Strips Grape Tomatoes | Steamed Green Beans Grape Tomatoes |
| <p><u>Fruits and Vegetables Available Daily</u> Side Salad, Assorted Fresh and Chilled Fruit</p> | | | | | |
| MILK | SERVING YOUR CHOICE OF: CHOCOLATE or 1% WHITE | | | | |
| PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES | | | | Menu Items are Subject To Change | |

Holyoke High School
Week of January 28 – February 1



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|-----------|--------------------------|---|----------------------------------|
| | Grilled Chicken, Cilantro Lime Rice and Shredded Cheese | NO SCHOOL | BBQ Pulled Pork Sandwich | Mexican Chicken Corn Chowder with Cornbread and/or Roll | Chicken Nuggets with Pasta Salad |
| | <u>Daily Option:</u> Hamburger Breaded Chicken Grilled Chicken <u>Served With Choice of:</u> Lettuce, Tomato, Pickles, Cheese <u>Special:</u> Buffalo Chicken Melt Sandwich | | | | |
| | Mushroom | | Chicken Club | Sausage, Onion and Peppers | Pepperoni and Banana Peppers |
| <u>Daily Options:</u> Cheese and Pepperoni Pizza | | | | | |
| | <u>ASIAN BAR</u> Fried Rice or Noodles Sweet and Sour Chicken, Bourbon Chicken or Vegetarian Griller Crumbles Asian Vegetable Mix, Steamed Broccoli, Fortune Cookie, Chow Mein Noodles | | | | |
| *all salads come with Whole Wheat Roll | Garden Salad | | Garden Salad | Garden Salad | Garden Salad |
| | Turley BLT Salad | | Turley BLT Salad | Turley BLT Salad | Turley BLT Salad |
| A Variety of Fresh Sandwiches From Our Deli Bar | | | | | |
| | | | Potato Salad | Fresh Broccoli | Fresh Cauliflower |
| | Tex-Mex Garbanzo Beans | | Roasted Potatoes | Steamed Broccoli | Steamed BBQ Cauliflower |
| | Celery Sticks | | Celery Sticks | Baby Carrots | Baby Carrots |
| <u>Fruits and Vegetables Available Daily</u> Side Salad, Assorted Fresh and Chilled Fruit | | | | | |
| MILK | SERVING YOUR CHOICE OF: CHOCOLATE or 1% WHITE | | | | |
| PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES | | | | <i>Menu Items are Subject To Change</i> | |