



**HOLYOKE PUBLIC SCHOOLS
PRE-K BIC
JANUARY 2019**



Monday	Tuesday	Wednesday	Thursday	Friday
12/31	1/1	1/2	1/3	1/4
NO SCHOOL	NO SCHOOL	Blueberry Muffin Whole Grain Cracker Fresh Fruit 100% Juice	Whole Grain Cereal Whole Grain Cracker Fresh Fruit 100% Juice	Vanilla Yogurt Whole Grain Cracker Fresh Fruit 100% Juice
1/7	1/8	1/9	1/10	1/11
Whole Grain Cereal Whole Grain Cracker Fresh Fruit 100% Juice	Apple Muffin Whole Grain Cracker Fresh Fruit 100% Juice	Egg and Cheese Breakfast Sandwich Whole Grain Cracker Fresh Fruit 100% Juice	Whole Grain Cereal Whole Grain Cracker Fresh Fruit 100% Juice	Vanilla Yogurt Whole Grain Cracker Fresh Fruit 100% Juice
1/14	1/15	1/16	1/17	1/18
Whole Grain Cereal Whole Grain Cracker Fresh Fruit 100% Juice	Blueberry Waffle Whole Grain Cracker Fresh Fruit 100% Juice	Banana Muffin Whole Grain Cracker Fresh Fruit 100% Juice	Whole Grain Cereal Whole Grain Cracker Fresh Fruit 100% Juice	Vanilla Yogurt Whole Grain Cracker Fresh Fruit 100% Juice
1/21	1/22	1/23	1/24	1/25
NO SCHOOL	Cheddar Cheese Omelet Whole Grain Cracker Fresh Fruit 100% Juice	Strawberry Pancakes Whole Grain Cracker Fresh Fruit 100% Juice	Apple Muffin Whole Grain Cracker Fresh Fruit 100% Juice	Vanilla Yogurt Whole Grain Cracker Fresh Fruit 100% Juice
1/28	1/29	1/30	1/31	2/1
Whole Grain Cereal Whole Grain Cracker Fresh Fruit 100% Juice	NO SCHOOL	Vanilla Yogurt Whole Grain Cracker Fresh Fruit 100% Juice	Banana Pancakes Whole Grain Cracker Fresh Fruit 100% Juice	Whole Grain Cereal Whole Grain Cracker Fresh Fruit 100% Juice
1% AND FAT FREE MILK OFFERED DAILY				
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES		MENU IS SUBJECT TO CHANGE		