

Holyoke High School
Week of April 29-May 3



	Monday	Tuesday	Wednesday	Thursday	Friday
	Meatball Sub with French Fries	French Toast and Sausage Patty	Grilled Cheese and Bacon Sandwich with French Fries	BBQ Chicken Sandwich and Pasta Salad	Fish Tacos with Peppers, Onions, Salsa and Cilantro Lime Rice
	<p><u>Daily Option:</u> Hamburger Breaded Chicken Grilled Chicken</p> <p><u>Served With Choice of:</u> Lettuce, Tomato, Pickles, Cheese</p> <p><u>Special:</u> Mini Corndogs</p>				
	Buffalo Chicken	BBQ Chicken	Hawaiian	Bacon Chicken	Vegetable Lovers
<u>Daily Options:</u> Cheese and Pepperoni Pizza					
	<p>NACHO BAR Mexican Chicken or Vegetarian Griller Crumbles Spanish Rice and Beans Tortilla Chips Toppings: Cheese Sauce, Jalapenos, Salsa, Shredded Lettuce, Sour Cream</p>				
 *all salads come with Whole Wheat Roll	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
	Asian Grilled Chicken Salad	Asian Grilled Chicken Salad	Asian Grilled Chicken Salad	Asian Grilled Chicken Salad	Asian Grilled Chicken Salad
A Variety of Fresh Sandwiches From Our Deli Bar					
			Potato Salad	Baby Carrots	
	Spinach with Honey Mustard	Grape Tomatoes	Spinach with Honey Mustard	Baked Beans	Steamed Green Beans
	Grape Tomatoes	Home Fries	Zucchini Coins	Zucchini Coins	Grape Tomatoes
<u>Fruits and Vegetables Available Daily</u> Side Salad, Assorted Fresh and Chilled Fruit					
MILK	SERVING YOUR CHOICE OF: CHOCOLATE or 1% WHITE				
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES				<i>Menu Items are Subject To Change</i>	

Holyoke High School
Week of May 6-10



	Monday	Tuesday	Wednesday	Thursday	Friday
	Popcorn Chicken with Sweet Potato Fries	Beef Nachos and Cheese Sauce with Shredded Lettuce and Salsa	Cheesy Italian Dunkers with Marinara Sauce	BBQ Pulled Turkey Sandwich	Southwest Chicken Casserole
	<p><u>Daily Option:</u> Hamburger Breaded Chicken Grilled Chicken</p> <p><u>Served With Choice of:</u> Lettuce, Tomato, Pickles, Cheese</p> <p><u>Special:</u> Dogs in a Blanket</p>				
	Mushroom	Chicken Cordon Blue	Chicken Club	Sausage, Onion and Peppers	Pepperoni and Banana Peppers
	<u>Daily Options:</u> Cheese and Pepperoni Pizza				
	<p>BURRITO BAR Mexican Chicken or Vegetarian Griller Crumbles Cilantro Lime Rice 10" Tortilla or Salad Mix Pinto Beans, Peppers and Onions, Corn Salsa, Shredded Cheese, Sour Cream <i>*Optional: Rice or Salad Bowl</i></p>				
	A Variety of Fresh Sandwiches From Our Deli Bar				
*all salads come with Whole Wheat Roll	Potato Salad				
	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
	Crispy Chicken Salad	Crispy Chicken Salad	Crispy Chicken Salad	Crispy Chicken Salad	Crispy Chicken Salad
	Sweet Potato Fries Steamed Corn	Green Pepper Strips Baby Carrots	Tossed Salad Green Pepper Strips	Tossed Salad Roasted Garbanzo Beans	Baby Carrots Green Pepper Strips
	<p><u>Fruits and Vegetables Available Daily</u> Side Salad, Assorted Fresh and Chilled Fruit</p>				
MILK	SERVING YOUR CHOICE OF: CHOCOLATE or 1% WHITE				
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Holyoke High School
Week of May 13-17



	Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken Fried Rice with Egg Roll	Grilled Chicken Parmesan with Penne Pasta and Dinner Roll	Fish Sticks with Oven Fries	Double Chicken Soft Taco with Shredded Cheese and Lettuce	Buffalo Chicken Calzone
	<p><u>Daily Option:</u> Hamburger Breaded Chicken Grilled Chicken</p> <p><u>Served With Choice of:</u> Lettuce, Tomato, Pickles, Cheese</p> <p><u>Special:</u> Bacon Bruschetta Flatbread Burger</p>				
	Supreme	Meatball	Steak and Cheese	Bacon Bruschetta	Asian Chicken
<u>Daily Options:</u> Cheese and Pepperoni Pizza					
	<p><u>ITALIAN PASTA BAR</u> Penne Pasta Grilled Chicken or Vegetarian Griller Crumbles Tomato Sauce or Alfredo Sauce Shredded Cheese, Sautéed Seasonal Vegetables, Garlic Roll</p>				
 *all salads come with Whole Wheat Roll	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
	Turkey BLT Salad	Turkey BLT Salad	Turkey BLT Salad	Turkey BLT Salad	Turkey BLT Salad
	A Variety of Fresh Sandwiches From Our Deli Bar				
	Baby Carrots	Potato Salad	3 Bean Salad	Baby Carrots	Zucchini Coins
	Steamed Peas	Steamed Broccoli	Grape Tomatoes	Black Bean Salad	Grape Tomatoes
	Cucumber Coins	Grape Tomatoes	Cole Slaw	Cucumber Coins	Cucumber Coins
	<u>Fruits and Vegetables Available Daily</u> Side Salad, Assorted Fresh and Chilled Fruit				
MILK	SERVING YOUR CHOICE OF: CHOCOLATE or 1% WHITE				
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Holyoke High School
Week of May 20-24



	Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken and Cheese Quesadilla	Macaroni and Cheese with Dinner Roll	Double Dog with Baked Beans	Steak and Cheese Sandwich with Peppers and Onions	Mexican Chicken Baked Potato (<i>chicken, cheese sauce, crumbled bacon, sour cream</i>) with Pasta Salad
	<p><u>Daily Option:</u> Hamburger Breaded Chicken Grilled Chicken</p> <p><u>Served With Choice of:</u> Lettuce, Tomato, Pickles, Cheese</p> <p><u>Special:</u> Italian Sausage Sandwich on Torpedo</p>				
	Buffalo Chicken	BBQ Chicken	Hawaiian	Bacon Chicken	Vegetable Lovers
<u>Daily Options:</u> Cheese and Pepperoni Pizza					
	<p><u>NACHO BAR</u> Mexican Chicken or Vegetarian Griller Crumbles Spanish Rice and Beans Tortilla Chips Toppings: Cheese Sauce, Jalapenos, Salsa, Shredded Lettuce, Sour Cream</p>				
 *all salads come with Whole Wheat Roll	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
	Buffalo Chicken Salad	Buffalo Chicken Salad	Buffalo Chicken Salad	Buffalo Chicken Salad	Buffalo Chicken Salad
	A Variety of Fresh Sandwiches From Our Deli Bar				
		Fresh Broccoli			Pepper Strips
	Steamed Carrots Celery Sticks	Steamed Broccoli Celery Sticks	Baked Beans Baby Carrots	Steak Fries Baby Carrots	3 Bean Salad Caesar Salad Blueberry Shortcake
<u>Fruits and Vegetables Available Daily</u> Side Salad, Assorted Fresh and Chilled Fruit					
MILK	SERVING YOUR CHOICE OF: CHOCOLATE or 1% WHITE				
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Holyoke High School
Week of May 27-31



	Monday	Tuesday	Wednesday	Thursday	Friday
	NO SCHOOL	Chicken Nuggets with Pasta Salad	Spanish Roasted Pork with Mashed Potato and Dinner Roll	Penne Pasta with Sauce, Shredded Cheese and Garlic Roll	Chili Cheese Fries with Cornbread
	<p><u>Daily Option:</u> Hamburger Breaded Chicken Grilled Chicken</p> <p><u>Served With Choice of:</u> Lettuce, Tomato, Pickles, Cheese</p> <p><u>Special:</u> Buffalo Chicken Melt Sandwich</p>				
		Chicken Cordon Bleu	Chicken Club	Sausage, Onion and Peppers	Pepperoni and Banana Peppers
<u>Daily Options:</u> Cheese and Pepperoni Pizza					
	<p><u>ASIAN BAR</u> Fried Rice or Noodles Sweet and Sour Chicken, Bourbon Chicken or Vegetarian Griller Crumbles Asian Vegetable Mix, Steamed Broccoli, Fortune Cookie, Chow Mein Noodles</p>				
 *all salads come with Whole Wheat Roll		Garden Salad Grilled Chicken Caesar Salad	Garden Salad Grilled Chicken Caesar Salad	Garden Salad Grilled Chicken Caesar Salad	Garden Salad Grilled Chicken Caesar Salad
A Variety of Fresh Sandwiches From Our Deli Bar					
			Potato Salad	Fresh Broccoli	Fresh Cauliflower
		Pasta Salad Broccoli Florets	Tossed Salad Green Pepper Strips	Steamed Green Beans Baby Carrots	Tossed Salad Baby Carrots Roasted Garbanzo Beans
<p><u>Fruits and Vegetables Available Daily</u> Side Salad, Assorted Fresh and Chilled Fruit</p>					
MILK	SERVING YOUR CHOICE OF: CHOCOLATE or 1% WHITE				
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES				Menu Items are Subject To Change	