

**HOLYOKE PUBLIC SCHOOLS
SECONDARY BIC
MAY 2019**



Monday	Tuesday	Wednesday	Thursday	Friday
4/29	4/30	5/1	5/2	5/3
Cinnabar OR Assorted Cereals Raisins Fresh fruit 100% Juice	Apple Strudel OR Assorted Cereals Whole Grain Cracker Fresh fruit 100% Juice	Blueberry Muffin OR Assorted Cereals Whole Grain Cracker Fresh fruit 100% Juice	Chocolate Chip French Toast OR Assorted Cereals String Cheese Fresh fruit 100% Juice	Egg, Bacon and Cheese Flatbread OR Assorted Cereals Whole Grain Cracker Fresh fruit 100% Juice
5/6	5/7	5/8	5/9	5/10
Banana Chocolate Chunk Bar OR Assorted Cereal Bars Whole Grain Cracker Craisins 100% Juice	Cinnamon Ultimate Breakfast Round OR Assorted Cereal Bars String Cheese Fresh fruit 100% Juice	Egg, Ham and Cheese Ciabatta OR Assorted Cereal Bars Whole Grain Cracker Fresh fruit 100% Juice	Confetti Pancakes OR Assorted Cereal Bars Whole Grain Cracker Fresh fruit 100% Juice	Strawberry Guava Flip OR Assorted Cereal Bars String Cheese Fresh fruit 100% Juice
5/13	5/14	5/15	5/16	5/17
Egg, Sausage and Cheese Biscuit OR Assorted Cereals Whole Grain Cracker Raisins 100% Juice	Blueberry Waffle OR Assorted Cereals String Cheese Fresh fruit 100% Juice	Banana Muffin OR Assorted Cereals Whole Grain Cracker Fresh fruit 100% Juice	Chocolate Croissant OR Assorted Cereals String Cheese Fresh fruit 100% Juice	Strawberry Yogurt OR Assorted Cereals Granola Fresh fruit 100% Juice
5/20	5/21	5/22	5/23	5/24
Oatmeal Chocolate Chip Breakfast Bar OR Assorted Cereal Bars Craisins Fresh fruit 100% Juice	Cheddar Cheese Omelet and Blueberry Bagel, Jelly or Margarine OR Assorted Cereal Bars Whole Grain Cracker Fresh fruit 100% Juice	Strawberry Pancakes OR Assorted Cereal Bars Whole Grain Cracker Fresh fruit 100% Juice	Cinnamon Bun OR Assorted Cereal Bars String Cheese Fresh fruit 100% Juice	Apple Muffin OR Assorted Cereal Bars Whole Grain Cracker Fresh fruit 100% Juice
5/27	5/28	5/29	5/30	5/31
NO SCHOOL	Egg and Cheese on English Muffin OR Assorted Cereals Whole Grain Cracker Fresh fruit 100% Juice	88 Acres Bar OR Assorted Cereals String Cheese Fresh fruit 100% Juice	Banana Pancake OR Assorted Cereals String Cheese Fresh fruit 100% Juice	Blueberry Muffin OR Assorted Cereals Whole Grain Cracker Fresh fruit 100% Juice
1% AND FAT FREE MILK OFFERED DAILY				
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES			Menu items are subject to change	