

**Holyoke Public Schools Lunch Menu**  
**Emergency Meals**

Week 1				
Monday	Tuesday	Wednesday	Thursday	Friday
Turkey and Cheese Sandwich Peanut Butter and Jelly Sandwich	Salami and Cheese Bulkie Peanut Butter and Jelly Sandwich	Ham and Cheese Sandwich Peanut Butter and Jelly Sandwich	Buffalo Chicken Sandwich Peanut Butter and Jelly Sandwich	Italian Wrap Peanut Butter and Jelly Sandwich
Assorted Fruit Assorted Vegetable Milk	Assorted Fruit Assorted Vegetable Milk	Assorted Fruit Assorted Vegetable Milk	Assorted Fruit Assorted Vegetable Milk	Assorted Fruit Assorted Vegetable Milk

Week 2				
Monday	Tuesday	Wednesday	Thursday	Friday
Turkey and Cheese Sandwich Peanut Butter and Jelly Sandwich	Ham and Cheese Sandwich Peanut Butter and Jelly Sandwich	Bbq Chicken Sandwich Peanut Butter and Jelly Sandwich	American Wrap Peanut Butter and Jelly Sandwich	Salami and Cheese on Bulkie Peanut Butter and Jelly Sandwich
Assorted Fruit Assorted Vegetable Milk	Assorted Fruit Assorted Vegetable Milk	Assorted Fruit Assorted Vegetable Milk	Assorted Fruit Assorted Vegetable Milk	Assorted Fruit Assorted Vegetable Milk

Please inform your server if you have any food allergies

Menu's are subject to change

**Holyoke Public Schools Breakfast Menu**  
**Emergency Meals**

Week 1				
Monday	Tuesday	Wednesday	Thursday	Friday
Oatmeal Chocolate Chip Bar Whole Grain Craker	Assorted Cereal Whole Grain Craker	Assorted Muffins Whole Grain Craker	Assorted Cereal Whole Grain Craker	Assorted Cereal Bar Whole Grain Craker
Fresh Fruit 100% Juice Milk	Fresh Fruit 100% Juice Milk	Fresh Fruit 100% Juice Milk	Fresh Fruit 100% Juice Milk	Fresh Fruit 100% Juice Milk

Week 2				
Monday	Tuesday	Wednesday	Thursday	Friday
Nutri-Grain Bar Whole Grain Craker	Assorted Cereal Whole Grain Craker	Cinnamon Breakfast Round Whole Grain Craker	Assorted Cereal Whole Grain Craker	Assorted Muffin Whole Grain Craker
Fresh Fruit 100% Juice Milk	Fresh Fruit 100% Juice Milk	Fresh Fruit 100% Juice Milk	Fresh Fruit 100% Juice Milk	Fresh Fruit 100% Juice Milk

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Menu's are subject to change



**HOLYOKE PUBLIC SCHOOLS**  
**A PATHWAY FOR EVERY STUDENT**

**Escuelas Públicas de Holyoke Menu de Desayuno**  
**Comidas de Emergencia**

**Semana 1**

<i>Lunes</i>	<i>Martes</i>	<i>Miércoles</i>	<i>Jueves</i>	<i>Viernes</i>
Barra de Avena y Chispas de Chocolate Galleta de grano entero	Cereal Variado Galleta de grano entero	Variedad de Muffins Galleta de grano entero	Cereal variado Galleta de grano entero	Barra de cereal variado Galleta de grano entero
Frutas frescas Jugo 100% Leche	Frutas frescas Jugo 100% Leche	Frutas frescas Jugo 100% Leche	Frutas frescas Jugo 100% Leche	Frutas frescas Jugo 100% Leche

**Week 2**

<i>Lunes</i>	<i>Martes</i>	<i>Miércoles</i>	<i>Jueves</i>	<i>Viernes</i>
Nutri-Grain Bar Galleta de grano entero	Cereal Variado Galleta de grano entero	Desayuno completo de canela Galleta de grano entero	Cereal Variado Galleta de grano entero	Variedad de Muffins Galleta de grano entero
Frutas frescas Jugo 100% Leche	Frutas frescas Jugo 100% Leche	Frutas frescas Jugo 100% Leche	Frutas frescas Jugo 100% Leche	Frutas frescas Jugo 100% Leche

Informe al servidor de cualquier alergia

El menu esta sujetos a cambios

**Escuelas Públicas de Holyoke Menu de Almuerzo**  
**Comidas de Emergencia**

**Semana 1**

<i>Lunes</i>	<i>Martes</i>	<i>Miércoles</i>	<i>Jueves</i>	<i>Viernes</i>
Sandwich de pavo y queso Sandwich de mantequilla de maní y jalea	Bulkie de salami y queso Sandwich de mantequilla de maní y jalea	Sandwich de jamón y queso Sandwich de mantequilla de maní y jalea	Sandwich de pollo al estilo buffalo Sandwich de mantequilla de maní y jalea	Wrap Italiano Sandwich de mantequilla de maní y jalea
Variedad de frutas Variedad de vegetales Leche	Frutas frescas Jugo 100% Leche	Frutas frescas Jugo 100% Leche	Frutas frescas Jugo 100% Leche	Frutas frescas Jugo 100% Leche

**Week 2**

<i>Lunes</i>	<i>Martes</i>	<i>Miércoles</i>	<i>Jueves</i>	<i>Viernes</i>
Sandwich de pavo y queso Sandwich de mantequilla de maní y jalea	Sandwich de jamón y queso Sandwich de mantequilla de maní y jalea	Sandwich de pollo al estilo barbacoa Sandwich de mantequilla de maní y jalea	Wrap americano Sandwich de mantequilla de maní y jalea	Bulkie de salami y queso Sandwich de mantequilla de maní y jalea
Frutas frescas Jugo 100% Leche	Frutas frescas Jugo 100% Leche	Frutas frescas Jugo 100% Leche	Frutas frescas Jugo 100% Leche	Frutas frescas Jugo 100% Leche

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El menu esta sujetos a cambios



**ESCUELAS PÚBLICAS DE HOLYOKE**  
UN CAMINO PARA CADA ESTUDIANTE