



**HOLYOKE PUBLIC SCHOOLS  
SECONDARY BIC MENU  
MAY 2022**



Monday	Tuesday	Wednesday	Thursday	Friday
5/2	5/3	5/4	5/5	5/6
Strawberry Toaster Pastry or Assorted Cereal  String Cheese Raisins 100% Juice	Yogurt or Assorted Cereal  Graham Crackers Fresh Fruit 100% Juice	Apple Cinnamon Nutrigrain Bar or Assorted Cereal  String Cheese Fresh Fruit 100% Juice	Plain Bagel with Cream Cheese or Assorted Cereal  Whole Grain Cracker Fresh Fruit 100% Juice	Pull Apart Mini Cinnis or Assorted Cereal  String Cheese Fresh Fruit 100% Juice
5/9	5/10	5/11	5/12	5/13
Blueberry Muffin or Assorted Cereal Bar  Whole Grain Cracker Watermelon Craisins 100% Juice	Banana Ultra Bread or Assorted Cereal Bar  String Cheese Fresh Fruit 100% Juice	Mini Strawberry Bagels or Assorted Cereal Bar  Whole Grain Cracker Fresh Fruit 100% Juice	Double Chip Muffin or Assorted Cereal Bar  String Cheese Fresh Fruit 100% Juice	Strawberry Nutrigrain Bar or Assorted Cereal Bar  Whole Grain Cracker Fresh Fruit 100% Juice
5/16	5/17	5/18	5/19	5/20
Cinnamon Toaster Pastry or Assorted Cereal  String Cheese Raisins 100% Juice	Apple Cinnamon Muffin or Assorted Cereal  String Cheese Fresh Fruit 100% Juice	Plain Bagel with Cream Cheese or Assorted Cereal  Whole Grain Cracker Fresh Fruit 100% Juice	Sausage, Egg, and Cheese on Whole Grain Biscuit or Assorted Cereal  Whole Grain Cracker Fresh Fruit 100% Juice	Mini Chocolate Chip French Toast or Assorted Cereal  String Cheese Fresh Fruit 100% Juice
5/23	5/24	5/25	5/26	5/27
Assorted Cereal or Assorted Cereal Bar  String Cheese Cherry Craisins 100% Juice	Frudel Stick or Assorted Cereal Bar  Whole Grain Cracker Fresh Fruit 100% Juice	Mini Maple Waffles or Assorted Cereal Bar  String Cheese Fresh Fruit 100% Juice	Banana Muffin or Assorted Cereal Bar  Whole Grain Cracker Fresh Fruit 100% Juice	Yogurt or Assorted Cereal Bar  Graham Crackers Fresh Fruit 100% Juice
5/30	5/31	6/1	6/2	6/3
NO SCHOOL	Apple Cinnamon Muffin or Assorted Cereal  Whole Grain Cracker Fresh Fruit 100% Juice	French Toast Bites or Assorted Cereal  String Cheese Fresh Fruit 100% Juice	Sausage, Egg, and Cheese on Whole Grain English Muffin or Assorted Cereal  Whole Grain Cracker Fresh Fruit 100% Juice	Blueberry Bash Mini Waffles or Assorted Cereal  String Cheese Fresh Fruit 100% Juice
1% AND FAT FREE MILK OFFERED DAILY				
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES			Menu items are subject to change	