



Holyoke Public Schools

11/7-11/11

EVERYDAY SELECTS

FEATURING
CLASSIC LUNCH
TIME FOODS

MONDAY: Chicken Nugget Basket or Cheese Filled Breadstick Basket served with Tater Tots

TUESDAY: NO SCHOOL

WEDNESDAY: Cheese Pizza, Pepperoni Pizza, or Taco Pizza (6-8 Only) served with Caesar Salad

THURSDAY: Beef and Cheese Nachos or Fajita Chicken Nachos served with Stewed Black Beans

FRIDAY: NO SCHOOL

GLOBAL FLAVORS

FEATURING
RECIPES FROM
AROUND THE WORLD

MONDAY: Beef Frito Chili Pie

TUESDAY: NO SCHOOL

WEDNESDAY: Broccoli and Cheese Baked Potato

THURSDAY: Spaghetti and Meat Sauce

FRIDAY: NO SCHOOL

SIDES

MONDAY: Aztec Corn, Low Country Green Beans

TUESDAY: NO SCHOOL

WEDNESDAY: BBQ Baked Beans, Steamed Carrots

THURSDAY: Roasted Zucchini, Basil Corn Salad

FRIDAY: NO SCHOOL

SUPERFOODS

MONDAY: Super Salads: Garden or Spicy Buffalo Chicken

TUESDAY: NO SCHOOL

WEDNESDAY: Grain Bowls: Tokyo Teriyaki or The Garden

THURSDAY: Wraps and Flatbreads: Turkey Cheddar Ranch or Classic Ham and Cheese

FRIDAY: NO SCHOOL

SAUCE IT UP! Spicy Cool Sauce: Spicy sriracha meets cool, creamy mayonnaise Spicy K Sauce: Classic Ketchup- with a kick!



EVERYDAY: Variety of Fresh Fruits and Canned Fruits

MONDAY: Garden Salad/Aztec Corn/Cucumber Coins

TUESDAY: NO SCHOOL

WEDNESDAY: Super Salad/Black Beans/Baby Carrots

THURSDAY: Caesar Salad/Zucchini Coins/Chilled Corn

FRIDAY: NO SCHOOL



Holyoke Public Schools

11/14-11/18

EVERYDAY SELECTS

FEATURING
CLASSIC LUNCH
TIME FOODS

MONDAY: Crispy Chicken Sandwich or Cheeseburger or Grilled Cheese served with Baked French Fries and Burger Toppings

TUESDAY: Cheese Pizza, Pepperoni Pizza or Buffalo Chicken Pizza (6-8 Only) served with Caesar Salad

WEDNESDAY: Bean and Cheese Nachos or Beef and Cheese Nachos served with Stewed Black Beans

THURSDAY: Chicken Nugget Basket or Fish 'n' Chips Basket served with Tater Tots

FRIDAY: BBQ Pulled Pork Sandwich or Spicy Chicken Sandwich served with Tater Tots

GLOBAL FLAVORS

FEATURING
RECIPES FROM
AROUND THE WORLD

MONDAY: Tacos Al Pastor

TUESDAY: Teriyaki Meatball Sub

WEDNESDAY: Chicken Tenders with Sauces

THURSDAY: Cheddar Mac and Cheese with Dinner Roll

FRIDAY: Lemon Pepper Chicken Bowl

SIDES

MONDAY: Chili Roasted Sweet Potatoes, Broccoli Lime Salad

TUESDAY: Ginger Carrot Salad, Celery Sticks

WEDNESDAY: BBQ Baked Beans, Tater Tots

THURSDAY: Parmesan Green Beans, Zucchini Coins

FRIDAY: Steamed Broccoli, Cucumber Coins

SUPERFOODS

MONDAY: Smoothie Bowls: Sunshine or Banana Berry

TUESDAY: Grain Bowls: Spicy Buffalo Chicken or The Grecian

WEDNESDAY: Wraps and Flatbreads: Classic Ham and Cheese or Mediterranean

THURSDAY: Super Salads: Chef or Buffalo Chicken

FRIDAY: Smoothie Bowls: Very Berry or Tropical

SAUCE IT UP! Spicy Cool Sauce: Spicy sriracha meets cool, creamy mayonnaise Spicy K Sauce: Classic Ketchup- with a kick!



EVERYDAY: Variety of Fresh Fruits and Canned Fruits

MONDAY: Garden Salad/Baby Carrots/ Broccoli Lime Salad

TUESDAY: Caesar Salad./Ginger Carrot Salad/Celery Sticks

WEDNESDAY: Super Salad/Garbanzo Beans/Chilled Peas

THURSDAY: Caesar Salad/Celery Sticks/Zucchini Coins

FRIDAY: Spinach Salad/Broccoli Florets/Cucumber Coins



Holyoke Public Schools

11/21-11/25

EVERYDAY SELECTS

FEATURING
CLASSIC LUNCH
TIME FOODS

MONDAY: Cheese Pizza, Pepperoni Pizza, or Sausage Pizza (6-8 Only) served with Caesar Salad

TUESDAY: Bean and Cheese Nachos or Fajita Chicken Nachos served with Stewed Black Beans

WEDNESDAY: NO SCHOOL

THURSDAY: NO SCHOOL

FRIDAY: NO SCHOOL

GLOBAL FLAVORS

FEATURING
RECIPES FROM
AROUND THE WORLD

MONDAY: Spaghetti and Meat Sauce

TUESDAY: Korean BBQ Flatbread

WEDNESDAY: NO SCHOOL

THURSDAY: NO SCHOOL

FRIDAY: NO SCHOOL

SIDES

MONDAY: Italian Seasoned Green Beans, Broccoli Florets

TUESDAY: Steamed Carrots, Cucumber Coins

WEDNESDAY: NO SCHOOL

THURSDAY: NO SCHOOL

FRIDAY: NO SCHOOL

SUPERFOODS

MONDAY: Grain Bowls: Spicy Buffalo Chicken or The Garden

TUESDAY: Wraps and Flatbreads: Turkey Cheddar Ranch or Spicy Buffalo Chicken

WEDNESDAY: NO SCHOOL

THURSDAY: NO SCHOOL

FRIDAY: NO SCHOOL

SAUCE IT UP! Spicy Cool Sauce: Spicy sriracha meets cool, creamy mayonnaise Spicy K Sauce: Classic Ketchup- with a kick!



EVERYDAY: Variety of Fresh Fruits and Canned Fruits

MONDAY: Garden Salad/Broccoli Florets/Garbanzo Beans

TUESDAY: Caesar Salad,/Baby Carrots/Cucumber Coins/Chilled Peas

WEDNESDAY: NO SCHOOL

THURSDAY: NO SCHOOL

FRIDAY: NO SCHOOL