



**HOLYOKE PUBLIC SCHOOLS
PRE-K BIC
DECEMBER 2022**



Monday	Tuesday	Wednesday	Thursday	Friday
12/5	12/6	12/7	12/8	12/9
Whole Grain Apple Frudel	Strawberry Toaster Pastry	Maple Mini Waffles	Apple Nutrigrain Bar	Yogurt Cup
Cinnamon Goldfish Cracker	Cinnamon Goldfish Cracker	Cinnamon Goldfish Cracker	Cinnamon Goldfish Cracker	Graham Crackers
Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice
12/12	12/13	12/14	12/15	12/16
Whole Grain Apple Cinnamon Muffin	Cinnamon Toaster Pastry	Chocolate Chip French Toast	Tropical Breakfast Round	Yogurt Cup
Cinnamon Goldfish Cracker	Cinnamon Goldfish Cracker	Cinnamon Goldfish Cracker	Cinnamon Goldfish Cracker	Graham Crackers
Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice
12/19	12/20	12/21	12/22	12/23
Whole Grain Banana Muffin	Cinnamon Toast Crunch Cereal	Mini Strawberry Bagels	Whole Grain Cinnamon Roll	Whole Wheat Bagel Cream Cheese Cup
Cinnamon Goldfish Cracker	Cinnamon Goldfish Cracker	Cinnamon Goldfish Cracker	Cinnamon Goldfish Cracker	Cinnamon Goldfish Cracker
Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice	Fresh Fruit 100% Juice
12/26	12/27	12/28	12/29	12/30
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
1% AND FAT FREE MILK OFFERED DAILY				
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES			Menu items are subject to change	