

Winter Sports Sign-Ups

Winter Sports will start on Monday November 28th. Winter sports offered are Boys & Girls Basketball, Boys & Girls Swimming, Coed Indoor Track, Wrestling, and Cheerleading

SIGN-UPS ARE NOW OPEN!!! SIGN-UP BELOW!!

Please complete the following items to be ready for **Winter Sports**.

1. [Sign-Up on our google form](#) (Scan the QR code below or use this link)
2. Complete and Upload Certificate of Completion, Concussion in Sports and Implicit Bias on www.NFHSLearn.com
3. Register on our online registration (www.rankonesport.com)
4. Have a valid Physical (within 13 months) turned into the Athletic Department.
5. Have a completed Valid Baseline Concussion Test. (www.concussionvitalsigns.com)

**Use the QR Codes below to Sign-Up and all Instructions can be found on the Athletic Website
PLEASE READ!!!!**

Online Registration (<https://holyokeschools.rankone.com/New/NewInstructionsPage.aspx>)

- 6 forms need to be completed.
- **Only the Head Injury / Concussion reporting Form needs to be completed if you played a Fall Sport.**
- Something needs to be in every box or the form will not submit.
- You will need your school LASID number in order to fill in the forms.
- Full Instructions can be found on the Athletics website. Scan the QR below

Baseline Concussion Test (www.concussionvitalsigns.com)

- This test **MUST** be completed on a **computer or chromebook**.
 - It **CANNOT** be taken on a phone or tablet.
- Click Athlete Testing
- User Name: purple knights Password: 01040
- You must enter your name.
- Assessment: Concussion Vital Signs
- **You only need 1 valid test per academic year.** (If you did this in the fall, you don't have to take it again)
- Full Instructions can be found on the Athletics website. Scan the QR below

NFHSLearn Courses (<https://nfhslearn.com/>)(2 courses need to be completed)

- **Concussion for Students** Course and **Implicit Bias** Course
- These are free courses. All you need to do is set up an account and add to cart
- Once completed Upload Certificates to rankonesport.
- Full Instructions can be found on the Athletics website. Scan the QR below



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HHS Athletics Website

If you have any questions please come to athletics or contact:

Athletic Director Mel Martin: memartin@hps.holyoke.ma.us

Athletic Trainer Kevin Auffrey: kmauffrey@hps.holyoke.ma.us